



We need your help!

Do you know of any rural/remote/isolated and/or francophone communities who may be interested in our "Our Dementia Journey Journal"?

Background to the project

Caregivers play an important role in the delivery of person- and family-centred care (PFCC) for persons living with dementia; there are, however, recognized challenges to their meaningful inclusion as part of the dementia care triad i.e. the person living with dementia, their caregiver and care provider. It is important to support caregivers to build strong working relationships with care providers to support a PFCC approach.

 We have co-designed a tool – "Our Dementia Journey Journal", to equip caregivers to work together to support persons living with dementia, while minimizing the

impact on their own quality of life, by supporting their relationship with care providers across the dementia journey.

- We have held co-design sessions in suburban Ontario, rural B.C, as well as several FNIM communities to develop culturally sensitive adaptations of the Journal tool.
- We want to extend this co-design process to include a wider range of communities. We are seeking to engage rural/remote/isolated and/or francophone communities in our research efforts to ensure that the Journal can help many different populations in Canada.

How you can help

We are seeking connections with communities to be part of our research to adapt our co-designed tools and processes, ensuring cultural sensitivity to address the needs of rural, remote, isolated and/or francophone communities. If you have connections with any community groups that serve such populations (anywhere in Canada), we would love to hear from you. Please get in touch with us!

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